

BHANU PRIYA BALAPPA

Nurse incharge for ICU&General |

Professional Summary

An experienced Charge Nurse working as Nurse-Incharge in a reputed hospital in Oman with strong experience in managing and delivering quality care to patients. Professional with more than 18 years of diversified experience in intensive care unit, critical care unit, emergency, cardiac ICU, post-surgical recovery unit, medical & surgical units. Expert in meeting highest standards of care in the organization or hospital setup. Currently seeking a job in institutions where my nursing skills can be fully utilized for better nursing care.

Licenses

- Registered Nurse, Indian Nursing Council, 2002-present
- Registered Nurse, Oman Nursing Council, 2006-present
- ACLS & BLS Certification
- CCCN (Cardiac Critical Care Nursing) certification.
- Zoll Defibrillator/Monitor Certification
- International conference of Quality Management in Health Care certification.
- CRRT machine of Fresenius Medical care certification

Skills

- ◆ Organizing and Management of departments
- ◆ Advanced Life Support
- ◆ IV Administration
- ◆ Medication
- ◆ Procedural Assistance
- ◆ Therapy and Treatment
- ◆ Diagnostic Assessment

- ◆ Cardiac Care
- ◆ Reporting and Documentation
- ◆ Team Leadership
- ◆ Problem Solving
- ◆ Good planning

Professional Experience

DESAI MULTISPECIALITY HOSPITAL, MADAPALLI, CHITTOOR Jan 2024 to 2025 till date.

°As a incharge nurse ICU undertaken responsibility of standard patient care.

°Patient care : oversee patient care plans ,and provide direct care to patients

Staff Management: Educated and train and supervise nursing and support staff.

°Resource management : Manage resources and equipment, and ensure proper maintenance.

°Communication : communicate with patients families,and other services.

°policy and procedure : Participate in developing and implementing policies and procedures.

° safety: promote workplace safety and environmental practices

° Training and seminars : Train and evaluate ICU staff,and take seminars for continuous nurses education.

° Team work : Collaborate with physicians,nurses,paramedical and healthcare staff.

Management: Managing and coordinate with doctors nursing staff for smooth running,and implementing healthcare protocols.

Monitoring : Monitoring patient health status and update medications and administer ,and advocating for patients.

Assisting and Assesing : Assessing patients for diagnostics for developmental care,and assisting in procedures for treatment and diagnostic purposes for standard care and treatment.

INTERNATIONAL HEART AND VASCULAR CENTER FEB 2022- December 2023

- As an incharge nurse ensured that professional standards are maintained at all times.
- Assessed over all needs of the individual patients,and allocates available resources and the nursing staffs
- responsibilities appropriately,providing adequate supervision and guidance where necessary.
- Ensured doctors orders and patient management are followed and that appropriate steps are taken, including immediate notification.
- Planned and coordinated day-to-day administrative and operational functioning of organisation
- Supported Executive and Managing director and doctors in operating and organizing by controlling the quality of service, cost-effectiveness, and patient safety.
- Maintained documentation of medication administered and care as rendered.
- Reviewed care plans on a daily basis to ensure appropriate care was provided to each patient's needs.
- Determined patient care assignments in accordance with patient's requirements.
- Monitored, recorded, and communicated the patients' condition as necessary using computerized documentation systems.

OMAN INTERNATIONAL HOSPITAL(FEB 2021-AUGUST 2021)

Worked as CHARGE NURSE ICU,,maintained patients medical records and monitoring medical charts and providing compassionate care and assistance to patients and families.

- Supervising nursing staff and monitoring their needs.
- Coordinating daily administrative duties including schedules,nursing assignments and patient care.

- Overseeing patient admissions, transfers, and discharges.
- Liaising with doctors and administrators and communicating any protocol changes to staff.
- Ensuring compliance with all health and safety regulations.
- Recording and maintaining accurate reports.
- Identifying issues or emergencies and responding in efficient manner.
- Assist with nurses with the care of patients and evaluating the quality of care.
- Ensure proper supplies are on hand, monitoring that everything is going smoothly and coordinating between the nurses and hospital administrators.

NMC SPECIALITY HOSPITALS: (2018 to 2020)

- ✧ Worked as staff nurse and SHIFT INCHARGE with NMC hospitals. Collaborating with doctors, staff nurses, health care consultants and therapists to provide coordinated treatment and optimal care.
- ✧ Supporting Hospital management for the implementation of Quality Policies and Standards of Care (guidelines). Good knowledge on health care regulations and effective interpersonal skills and adherence to implementation of hospital policies.
- ✧ Working with best motivation for providing the best quality nursing care and treatment for patients with dignity while projecting a professional and positive motivation towards work. Applying best practices in the nursing process and maintaining high standards of care.
- ✧ Capable of Operating special equipment and devices for monitoring, testing and diagnostic purposes. Capable of operating emergency treatment or resuscitation when necessary.
- ✧ Overseeing orientation of new nursing staff and managing all training efforts for new hires. Counsel and support outgoing patients by teaching long term health care and precautions .
- ✧ Demonstrated decision making, prioritizing and problem solving skills. Demonstrated leadership, communication and interpersonal skills.

SULTAN QABOOS UNIVERSITY HOSPITALS: (2008 to 2018)

- ✧ As staff nurse and shift incharge in CICU and ICU, Provided good nursing care and treatment for patients. Collaborated with Doctors(or Specialists) and administered the treatment as per the Doctors plan. Assured good quality care and sincere services to my patients through team work.
- ✧ Planned departments daily staffing requirements and duties. Conducted orientation classes for delivering their job responsibilities. Maintained skill and knowledge necessary to meet preset standards of Hospital. Evaluated staff performance and given feedback for betterment of nursing care.
- ✧ Ensured department activities and records are maintained in adherence to WHO, JCI and ACI regulatory requirements. Implemented compliance to essential organizational policies and procedures, and nursing standards and regulations.
- ✧ Assisted Head nurse in all aspects of care. Stocked supplies. Supervised and planned for clinical supply requirements. Assisted in preparing the departmental fiscal budget.
- ✧ Evaluated feedback from patients. Discussed with staff and took the right steps for improving customer satisfaction. Developed a mindset to support the patient with best care with open to improve attitude.

AL THURAYA SPECIALITY MEDICAL CENTER: (2006 to 2008)

- ✧ Implemented Doctors orders and administered drugs and IV fluids according to the instructions.

- ✧ Performed E.C.G ,IV cannulation,Wound suturing,Urinary catheterization.
- ✧ Pre and post operative care for minor surgeries, First aid of emergency cases.
- ✧ Assisted physician in gynecological procedures and ultrasound scanning, swab collection and smear collection.
- ✧ Monitoring vitals signs and reporting to the physician.
- ✧ Sending and receiving clients to the recovery area.

NARAYANA HRUDAYALAYA CARIAC&NUERO SCIENCES: (2003 to 2005)

- ✧ Updated Doctors on patients' health progress. Provided updates on patient care to the Nursing Coordinator and project Coordinators. Managing and taking care of postoperative cardiac patients pediatric and Adult.Receiving and shifting the operated patients to step down and wards.
- ✧ Maintained medical records and reports. Documented initial nursing histories, assessed patients' conditions and prepared individual care plans for patients. Provided general nursing care and personal care assistance to patients. Administered narcotics and medications. Observed emotional stability of patients, monitored haemodynamic progress and followed.
- ✧ Taken care of extubated,intubated,chest open patients after the surgery.
- ✧ Initiated independently life saving procedure when patient's condition was necessary. Having knowledge on using mechanical and electronic life saving equipment operation.
- ✧ Performed an accurate systematic assessment of patients who are critically ill, based on laboratory reports.
- ✧ Taken care of patients post Cath lab procedures. Oversaw and manage clinical and support staff in patient care activities as an unit incharge.
- ✧ Assisted physiotherapy in basic bedside physiotherapy. Provided direct patient care, evaluated outcomes, consulted with other specialists and adjusted nursing for better patient care.
- ✧ Pain management & end-of-life care for patients in the Palliative Care Unit.
- ✧ Peritoneal Dialysis for dialysis patients.
- ✧ Attended CNE and provided training to nursing staff.

AROGYAVARAM MEDICAL CENTER (SANITORIUM): (2002 to 2003)

- ✧ Trained in basics of nursing & Basics of health care.
- ✧ Trained in patient care for ICU and Outward patients and provided friendly care for patients,health metrics and patient supervision.
- ✧ Involved and helped patients in pre-op and post-op care.
- ✧ Helped doctors during procedures and took care of patients post procedures.
- ✧ Maintained medical records and reports. Documented initial nursing histories, assessed patients' conditions and prepared pre documentation for patients.

Educational Trainings

- ◆ Diploma in Nursing and midwifery certification(1999-2002)
- ◆ Critical care nursing 2003 to 2004

Declaration

I hereby declare that the above furnished information are true to the best of my knowledge and belief.

Yours sincerely
Bhanupriya
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