



ANSHUMAN SINGH SENGAR

PROFESSIONAL SUMMARY

I am a highly motivated and dedicated individual with a passion for helping others. I have always been fascinated by the human body and its complexities, which led me to pursue a career in medicine. I have completed my medical degree and have gained valuable experience through various clinical rotations.

I am a strong communicator and have excellent interpersonal skills, which allow me to establish a good rapport with my patients. I am also a quick learner and am always eager to expand my knowledge and skills. I am seeking a position as a Doctor where I can utilize my expertise and make a positive impact on the lives of my patients. Experienced Resident Medical Officer with knack for enhancing patient care and streamlining medical procedures. Improved patient outcomes through quick decision-making and collaborative care. Increased efficiency in emergency response by implementing new protocols and training staff. Experienced medical professional focused on delivering high-quality patient care and emergency response. Committed to improving patient outcomes through evidence-based practice and effective communication. Skilled in diagnostic procedures, treatment planning, and multidisciplinary collaboration. Dedicated professional with compassionate approach and strong foundation in medical knowledge, demonstrating excellent clinical skills and ability to communicate effectively with patients and medical staff. Skilled in patient assessment and critical thinking, with commitment to providing high-quality patient care. Ready to make meaningful impact role. Diligent medical professional providing compassionate care to patients, families and communities. Meticulous in assessing, diagnosing and managing general health conditions. Proactive in personal development to offer reliable, knowledgeable medical advice. Customer-oriented with strong history of leading high-performance teams to meet or exceed objectives. Dedicated and hardworking with internal drive to deliver excellence. Tactical team builder with strong background in training and team development.

Knowledgeable about medical protocols and patient care. Strong communication and teamwork skills, with compassionate approach to patient interactions. Ready to use and develop clinical knowledge, problem-solving abilities, and leadership in role. Knowledgeable about medical protocols and patient care. Strong communication and teamwork skills, with compassionate approach to patient interactions. Ready to use and develop clinical knowledge, problem-solving abilities, and leadership role. Ambitious student seeks opportunity to build on practical experience in clinical leadership. Plans, prioritises and delegates to achieve demands of fast-paced clinical settings. Communicates with confidence and authority for excellent staff and patient trust. Patient-focused with experience building and transforming high-quality medical service provisions. Recognises targets and plans strategically to achieve key deliverables. Well-organised with excellent prioritisation abilities for methodical, productive practice management.



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UNNAO, UTTAR PRADESH
209801

EDUCATION

SHREE RAM AYURVEDIC
MEDICAL COLLEGE AND
HOSPITAL, MEERUT
January 2018 - January 2023

LANGUAGES

Hindi:

Fluent

English:

Native

WORK HISTORY

July 2024 - January 2025

BALRAMPUR HOSPITAL - ALLOPATHIC INTERNSHIP UNDER DOCTOR SK PANDEY SIR,
Unnao, India

- GENERAL SURGERY AND ICU WARD POSTING UNDER DOCTOR DESH DEEPAK
- Provided urgent care for critical cases ensuring immediate attention and effective treatment.
- Diagnosed conditions and devised medical care programmes.
- Referred patients for specialist care in partner facilities.
- Delivered targeted follow-up care for continued patient monitoring.
- Carried out surgeries and procedures with focus and care.
- Signposted nutrition and health advice for improved disease prevention.
- Referred patients for X-rays and additional procedures to speed up diagnoses.
- Led programmes in reducing infectious disease spread.
- Applied modern medicine principles to appropriately treat chronic conditions.
- Reported notifiable infectious diseases promptly to meet legal requirements.
- Transferred patients to specialist health workers for ongoing medical support.
- Kept detailed, accurate patient notes for thorough medical records.
- Coordinated patient rehabilitation programmes after surgeries.
- Identified health conditions through targeted physical examinations.
- Discussed symptoms, diagnoses and prognoses with patients and caregivers to support informed medical decisions.
- Examined patients to assess physical wellness and collect data regarding vital signs, respiratory health and overall wellbeing.
- Gained consent to perform suggested treatments and interventions, following all patient advocacy measures to reduce risks.

January 2024 - July 2024

SHREE RAM AYURVEDIC MEDICAL COLLEGE - Intern Doctor, Unnao, INDIA

- Improved patient care by implementing highly effective diagnostic procedures.
- Led educational workshops on chronic disease management, raised awareness amongst at-risk community groups about the importance of regular check-ups and timely intervention.
- Collaborated with specialists for complex case management.
- Offered support in creating personalised health plans, promoting healthier lifestyles amongst patients.
- Presented cases at clinical meetings facilitating collective learning and knowledge sharing.
- Implemented traditional Ayurvedic techniques, achieving profound healing outcomes in numerous cases.
- Managed stock of medicinal herbs to ensure continuous provision of required treatments.
- Practiced Shirodhara therapy to relieve stress and promote mental relaxation.
- Utilised expert time management skills to ensure appointments ran to time, minimising patient delays.
- Administered biopsies to gauge status and determine results.

- Developed robust relationships with patients for trustful communication and better treatment planning.
- Provided expert advice on lifestyle modifications for disease prevention and management during consultations.
- Met with sales representatives to discuss new pharmaceutical treatments and medical devices.
- Educated patients on treatment options for various illnesses, collaborating with specialists to provide thorough education.

October 2024 - April 2025

UTTAM HOSPITAL UNNAO - Resident Medical Officer, Unnao, India

- Educated family members about patient condition, facilitating their understanding and cooperation.
- Conducted comprehensive health check-ups for optimal patient wellbeing.
- Performed minor surgical procedures with precision and expertise.
- Attained efficiency in medical procedures through continuous learning and training.
- Provided empathetic support to patients, easing their recovery process.
- Managed emergencies effectively whilst on call duty at nights.
- Improved patient care by providing high-quality diagnosis and treatment guidance.
- Assisted senior physicians during surgeries, contributing to successful outcomes.
- Showcased excellent communication skills when liaising with other departments.
- Responded promptly to critical situations saving numerous lives during emergency shifts.
- Supported continuum of care with strong clinical knowledge and meticulous patient follow-ups.

SKILLS

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|-----------------------------|-------------------------------------|
| • ICU | • DENGUE MANAGEMENT |
| • GENERAL PHYSICIAN | • COPD |
| • RESIDENT MEDICAL OFFICER | • BRONCHITIS |
| • MEDICINE | • ASCITES TAPPING |
| • DIABETES | • SUTURING |
| • HYPERTENSION | • VENTILATOR SUPPORT |
| • MI | • SUPOORTING INTUBATION |
| • FEVER | • Clinical training and development |
| • COLD | • Patient health education |
| • CARDIAC ARREST MANAGEMENT | • Clinical study management |
| • SEIZURES | • Clinic administration |
| • SPSIS | • Direct patient care |
| • EPILEPSY | • Practice management |
| • CHRONIC DIARROHEA | • Clinic management |

ACCOMPLISHMENTS

Work as DIABETIC MANAGEMENT and its complications solving work and its highly sustainable medicine approaching towards varicose vein patient, hypertension and cardiac patient.

Work as an assistance in BALRAMPUR HOSPITAL and SHREE RAM MEDICAL COLLEGE with helping in suturing., 2022-2024

Supervised team responsible for executing well on projects, leading to 100% increased revenue.

PERSONAL INFORMATION

Title: GENERAL PHYSICIAN , RESIDENT MEDICAL OFFICER