



RISHBH PUSHPAK

(RISHI)

📍 Ward no. 27, Malpura, Tonk, Rajasthan
pin- 304502

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✉ ritiksaini15927@gmail.com

👤 08/08/2000

OBJECTIVE

Compassionate and dedicated Registered Nurse with [X] years of experience in emergency care settings. Adept at performing life-saving interventions, triaging patients, and collaborating with multidisciplinary teams to provide the highest standard of care. Seeking to contribute my skills and expertise to hospital.

SKILLS

- NBSU Care provide
- Advanced patient assessment and triage skills
- Crisis management and quick decision-making in high-pressure situations
- IV placement, blood draws, and medication administration
- Familiarity with hospital emergency systems and protocols
- Strong interpersonal and communication skills
- Expertise in trauma care, including injury management and stabilization
- Labor and delivery monitoring and assessment
- Pain management, including epidurals and IV analgesia
- Fetal heart rate interpretation
- Postpartum care and recovery
- Newborn care and assessments
- Team collaboration in high-pressure environments
- Effective communication with patients and families
- Patient education and advocacy
- Emergency response and crisis management

LANGUAGE

- Hindi
- English

EXPERIENCE

→ 2023 - till now

Aarogya hospital Malpura

Nursing staff

- Provide immediate and ongoing care to patients with acute and chronic toxic exposures, including drug overdoses, chemical ingestion, and poisoning from environmental factors.
- Assess patient condition on arrival, prioritize care based on severity, and provide life-saving interventions as needed.
- Administer medications, antidotes, and fluids as per physician orders and departmental protocols.
- Work closely with toxicologists, emergency physicians, and pharmacists to tailor individualized treatment plans for patients.
- Monitor vital signs and lab results, adjusting treatments as necessary to ensure optimal recovery and prevent complications.
- Educate patients and families about poisoning risks, preventive measures, and post-care instructions.
- Document patient assessments, interventions, and outcomes according to hospital policies

→ 2021 - 2022

RDMH hospital, Malpura

Nursing staff

- Provide high-quality care during labor and delivery, ensuring the health and safety of the mother and newborn.
- Monitor fetal heart tones and maternal vital signs, detecting and responding to complications during labor.
- Administer medications such as epidural anesthesia, pain management, and IV fluids.
- Collaborate with OB/GYNs, midwives, and other healthcare professionals to create and execute delivery plans.
- Educate patients and families on the childbirth process, postpartum care, and breastfeeding techniques.
- Assist with post-delivery care, including assessing the health of the newborn and facilitating skin-to-skin contact.

→ 2019 - 2021

Govt. hospital Malpura

Nursing staff

DECLARATION

I hereby declare that above mention all the information are correct in my knowledge.

Date:- 24/03/2025

- Patient Care & Assessment
- Medication Administration
- IV Therapy & Blood Draws
- Wound Care & Dressing Changes
- Patient Education & Advocacy
- Electronic Health Records (EHR) Proficient
- Team Collaboration & Communication
- Critical Thinking & Problem Solving
- Multitasking in High-Pressure Environments
- Provided nursing care to patients with diverse medical conditions in a fast-paced clinical environment.
- Assisted in diagnostic procedures, wound care, and patient education on follow-up care.
- Supported senior nurses and staff in emergency care during critical situations.

EDUCATION

✓ **2024**

Rajasthan Nursing council, Jaipur

GNM

First division

RN NO.- 221380

RM NO.- 212291

✓ **2017**

Rajasthan board of secondary education

12th

second division

✓ **2015**

Rajasthan board of secondary education

10th

second division

ACHIEVEMENTS & AWARDS

- ✓ • COVID-19 Certificate Tonk district committee

Signature: _____

RISHBH PUSHPAK
(RISHI)